

WEEK 1 MENU

w/c- 30/10, 20/11, 11/12, 01/01,
22/01, 12/02, 04/03, 25/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY	STREET FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Moroccan Chicken Bake	Chicken Burger	Roast of the Day 	Margherita Pizza 	Oven Baked Breaded Fish Fingers
Main 2	Shepherdess Pie 	Cheese & Tomato Quesadilla	Roasted Quorn Fillet, Tomato Gravy	Teriyaki Noodles with Edamame Beans 	Veggie Nuggets
Carbohydrates	Creamy Mashed Potato	Braised Rice	Roasted Potatoes	Red Onion Focaccia Slice	Oven Baked Chips
Vegetables	Roasted Carrots	Spiced Green Beans	Roasted Winter Vegetables	Sweetcorn	Garden Peas Baked Beans
Desserts	Iced Carrot Cake Selection of Yoghurts, Fruit,	Flapjack Selection of Yoghurts, Fruit,	Plum Pudding Cake Selection of Yoghurts, Fruit,	Jelly Crunch Pot Selection of Yoghurts, Fruit,	Vanilla Ice Cream Selection of Yoghurts, Fruit,

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



Future 50 Contains one or more of the top 50 most sustainable foods in the world!



Vegetarian



Vegan
































Organic

For allergen content please speak to member of staff who will be happy to assist

WEEK 2 MENU

w/c – 06/11, 27/11, 18/12, 08/01,
29/01, 11/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	STREET FOOD DAY	FRIDAY FAVOURITES
MAIN 1	Chicken Sausage	Macaroni Cheese 	Roast of the Day o  	Mild Chicken Curry	Oven Baked Breaded Fish Finger
Main 2	Vegan Sausage & Gravy 	Chickpea and Coconut Curry with Rice   	Roasted Vegetable Tart 	Vegetable and Mozzarella Traybake 	Vegan Katsu with Chips  
Carbohydrates	Mashed Potato 	Garlic and Parsley Bread 	Roasted Potatoes 	Braised Rice 	Oven Baked Chips 
Vegetables	Braised Red Cabbage 	Stir Fry Vegetables 	Fresh Carrots and Cabbage 	Roasted Cauliflower 	Garden Peas Baked Beans 
Desserts	Vegan Sweet Potato & Ginger Cake  Selection of Yoghurts,  Fruit,	Apple Shortbread  Selection of Yoghurts,  Fruit,	Berry Crumble Traybake Selection of Yoghurts,  Fruit,	Chocolate and Beetroot Cake  Selection of Yoghurts,  Fruit,	Carrot and Apple Muffin Selection of Yoghurts,  Fruit,

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Vegan



Organic

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WEEK 3 MENU

w/c – 13/11, 04/12, 15/01, 05/02,
26/02, 18/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	WORLD FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Cajun Chicken	Pasta Bolognese	Roast of the day 	Ratatouille Pasta Bake 	Oven Baked Breaded Fish Finger
Main 2	Sweet Potato and White Bean Calzone Pizza 	Barley and Vegetable Risotto 	Mediterranean Gnocchi Bake 	Vegetarian Sausage and Bean Hot Pot 	Cheese & Tomato Pinwheel
Carbohydrates	Baked Potato Wedges	Garlic and Red Onion Focaccia Slice	Roast Potatoes	Baked Half Jacket Potato	Oven Baked Chips
Vegetables	Roasted Sweetcorn	Panzanella Salad Mixed salad, Croutons & Dressing	Roasted Carrots and Steamed Greens	Braised Peas	Garden Peas Baked Beans
Desserts	Gainsborough Tart Selection of Yoghurts Fruit,	Cherry Cinnamon Pudding Selection of Yoghurts, Fruit,	Baked Rice Pudding – Fruit Compote Selection of Yoghurt Fruit,	Sticky Orange Cake Selection of Yoghurts Fruit,	Chocolate Pots Selection of Yoghurts, Fruit,

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Vegan



Organic

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