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|  | **Year 7 (1 x 100 minute practical per week)** | **Year 8 (1 x 100 minute practical per week)** |
| **Term 1**  **7 weeks** | * Relationships, actions, dynamics and space (practical with theory embedded): students will explore these dance concepts through a range of different dance styles including **contemporary, street dance, samba and capoeira.**   Key skills developed:   * Group choreography * Dynamic variation * 6 basic dance actions * Identify skills through analysing the performance of others   NC: perform dances using advanced dance techniques with a range of dance styles and forms. | * Swansong (practical with theory embedded): students explore **physical theatre** using Christopher Bruce’s professional work, Swansong, as a stimulus.     Key skills developed:   * Choreographic devices * Contemporary technique * Independent choreography * Contact work * Working with a prop * Evaluate the performance of others   NC: perform dances using advanced dance techniques with a range of dance styles and forms. |
| **Term 2**  **7 weeks** | * **Bollywood** SOW focusing on Dynamics (practical with theory embedded): students will explore the art of choreography through a range of styles including: kathak, Indian folk and ‘western popular’. Students experience dance from another culture and widen their repertoire of dance styles.   Key skills developed:   * Music/dance relationships * Group choreography * Working with a stimulus * Identify skills through analysing the performance of others   NC: perform dances using advanced dance techniques with a range of dance styles and forms. | * The Hunger Games (practical with theory embedded): students develop their **contemporary technique** by exploring the popular novel, The Hunger Games.   Key skills developed:   * Movement analysis * Working with a stimulus * Motif and motif development * - Evaluate the performance of others   NC: perform dances using advanced dance techniques with a range of dance styles and forms. |
| **Assessment** | * Internally assessed practical performances throughout the half term (written and verbal feedback is given to students). | * Internally assessed practical performances throughout the half term (written and verbal feedback is given to students). |

**NB: as the course is part of the Expressive Arts carousel, different students will study Dance, Drama and Music in different terms.**