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|  | **Year 7 (1 x 100 minute practical per week)** | **Year 8 (1 x 100 minute practical per week)** |
| **Term 1****7 weeks**  | * Relationships, actions, dynamics and space (practical with theory embedded): students will explore these dance concepts through a range of different dance styles including **contemporary, street dance, samba and capoeira.**

Key skills developed: * Group choreography
* Dynamic variation
* 6 basic dance actions
* Identify skills through analysing the performance of others

NC: perform dances using advanced dance techniques with a range of dance styles and forms.  | * Swansong (practical with theory embedded): students explore **physical theatre** using Christopher Bruce’s professional work, Swansong, as a stimulus.

 Key skills developed: * Choreographic devices
* Contemporary technique
* Independent choreography
* Contact work
* Working with a prop
* Evaluate the performance of others

NC: perform dances using advanced dance techniques with a range of dance styles and forms. |
| **Term 2** **7 weeks**  | * **Bollywood** SOW focusing on Dynamics (practical with theory embedded): students will explore the art of choreography through a range of styles including: kathak, Indian folk and ‘western popular’. Students experience dance from another culture and widen their repertoire of dance styles.

Key skills developed: * Music/dance relationships
* Group choreography
* Working with a stimulus
* Identify skills through analysing the performance of others

NC: perform dances using advanced dance techniques with a range of dance styles and forms. | * The Hunger Games (practical with theory embedded): students develop their **contemporary technique** by exploring the popular novel, The Hunger Games.

Key skills developed: * Movement analysis
* Working with a stimulus
* Motif and motif development
* - Evaluate the performance of others

NC: perform dances using advanced dance techniques with a range of dance styles and forms. |
| **Assessment** | * Internally assessed practical performances throughout the half term (written and verbal feedback is given to students).
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**NB: as the course is part of the Expressive Arts carousel, different students will study Dance, Drama and Music in different terms.**