BTEC Sport

Exam board and specification: Edexcel Pearson (601/7218/6)

What you need to study this course: Grade 4 in Maths Grade 4 in Science

Why you should consider this course

This course develops knowledge and understanding of anatomy and physiology and the impact sport has on different body systems. The course has a focus on careers in the sports industry, helping you understand what is required to be successful in a variety of sporting job roles. You will also improve your ability to analyse your practical performance in an individual and team sport.

What you will study

Year 12: Anatomy and Physiology and Careers in the Sports Industry

Year 13: Fitness Training and Programming for Health, Sport and Well-being and Practical Performance

How you will be assessed:

Paper 1(Unit 1) – Year 12 content, Written Exam – 1 hour 30 minutes (30%)

Paper 2 (Unit 2) – Year 13 content, Written exam, 2 hours 30 minutes (30%)

Coursework 1 (Unit 3)- Year 12 content (20%)

Coursework 2 (Unit 7)- Year 13 Content (20%)

Exam 1 will assess you on:

Short and long answer questions, extended response questions

Application to sporting scenarios

Analysis of body system data during rest an exercise

Exam 2 will assess you on:

6 Essay style questions analysing lifestyle, nutrition and fitness of a client.

Where can it take you?

Students who study BTEC sport take both vocational and degree routes. The course prepares for jobs and courses in sports coaching, fitness and management. It also prepares you for a number of university courses in sport such as sport and exercise science.

Studying BTEC Sport gives you all sorts of exciting career options, including:

- Sports scientist
- Sports coaching
- Sports therapy and rehabilitation
- Sports management
- Personal Trainer
- Nutritionist
- Physiotherapy

BTEC Sport Alumni Destinations: